

# Living Lent

Climate change is happening now, and the window of time we have to change the future is getting smaller.

Instead of giving up chocolate this Lent, could you take up one of these challenges to change your lifestyle for the climate?

Could you:

Go meat free?

Take up alternative forms of transport?

Commit to an hour 'electricity free' every day?

Give up single use plastics?

Commit to living locally?

Commit to buying nothing new?

You can find out more and sign up to a challenge at [www.livinglent.org](http://www.livinglent.org).

Each day of Lent you will receive daily emails of encouragement and inspiration, and also become part of an online Living Lent community making these commitments together.

Living Lent is supported by Baptists Together, the Methodist Church, the Church of Scotland and the United Reformed Church.

Transforming our climate is not just a one-off activity, but requires whole-life change. As we journey through Lent together, towards the hope of Easter, let's explore what God's world-changing transformation can look like for us as individuals and as a society.



The **Methodist Church**



The Church of Scotland

